



Valentine's Day Activity Pack

What's Included



In this packet, you will find Valentine's Day ideas for home, classroom, and/or therapy activities.

We include supply lists with affiliate purchase links to Amazon.

Sensory Bin
Play Doh Activity
2 Crafts
Valentine's Day Book List
Printable Game

Disclosures & Use




Disclosures:

We are Amazon Affiliates. If you make a purchase following any links provided, we may earn a small commission, at no additional charge to you. Please read our full disclosures on our website, found at the bottom of each page.

Use:

Therapists & Educators are welcome to use this packet in their own classrooms or sessions. But please do not copy or share it. Please direct others to download it, for FREE, from our website:
www.trtspeech.com



Sensory Bin

Supplies



- Craft Poms
- White Rice
- Fuzzy Sticks
- Mini Muffin Liners
- Scoops & Tools

Directions

- Add rice to chosen bin. This could be a small tote with a lid, bowl, or even an empty water table
- Add poms, a few colored muffin liners, and shape fuzzy sticks into hearts of different sized

Target Concepts

Play with your child and model different actions + the words:

- Scooping, dumping, stirring
- Sorting by size and/or color into the muffin liners
- Bury the items and find them; have your child follow directions to find them

children are often quiet during bins. This is OK. Model and wait for your child

Play Doh Bar

Supplies



- Craft Poms
- Play Doh
- Fuzzy Sticks
- Popsicle Sticks
- Heart Shaped Cookie Cutters

Directions

- Put out Play Doh and supplies in a muffin pan or other organizer
- *topping servers work great
- Play with your child and make various sized hearts or "love bugs"
- Get creative and decorate them with additional supplies

Target Concepts

- Actions words: open, roll, cut, push, pull
 - Color and size words
 - Location Words: in, out, on, off, under, front, back
 - Model (say) these words as you complete the actions.
 - Wait for your child.
 - Ask about their actions/designs
- *if your child is safe to play Play Doh, this is a great imaginative activity to observe, but allow them to free play

Craft Tie Dye Hearts

Supplies



- Coffee Filters
- Markers
- Spray Bottle

Directions

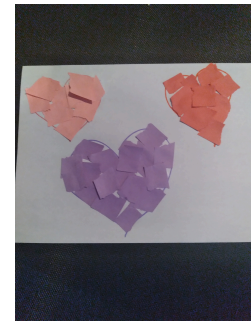
- Cut coffee filter into various sizes of hearts
- Have your child draw on it. *try to encourage space between markings. Dots & lines work well*
- Fold it and place it on an old towel or paper towel *it will stain*
- Spray, flip, fold, repeat
- Open & let dry

Target Concepts

- Action words: spray, open, close, fold, flip
- Labeling: colors, water
- Size words: selecting the size they want to decorate
- Imitation: model drawing + saying dots, lines up, lines down, lines across

Craft Torn Paper Hearts

Supplies



Directions

- Construction Paper
- Markers
- White Paper
- Glue Sticks

- Draw large hearts on plain white paper with pink, red, & purple
- Cut long strips of the same colors of construction paper
- Allow your child to tear the strips into little pieces of paper & glue them on the matching heart color

Target Concepts

- Action Words: rip, tear, pull, cut, glue
- Descriptive Words: sticky, color names
- Turn-Taking: do this with your child and take turns selecting colors, ripping, & gluing. Model (say) whose turn it is.

Book List

Infants & Toddlers



The Very Hungry Caterpillar's Peekaboo Valentine

Happy Valentine's Day Mouse

There Was an Old Lady Who Swallowed a Rose

Llama Llama I Love You

Little Blue Truck's Valentine

Preschoolers



Fancy Nancy Heart to Heart

Happy Valentine's Day Corduroy.

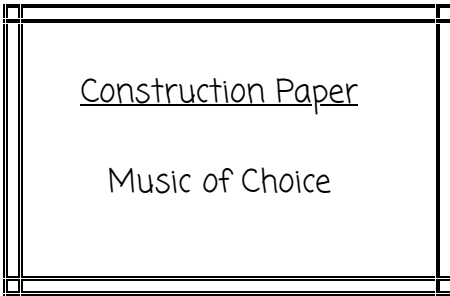
Happy Valentine's Day, Little Critter

In My Heart: A Book of Feelings

I Spy Love

Musical Hearts

Supplies

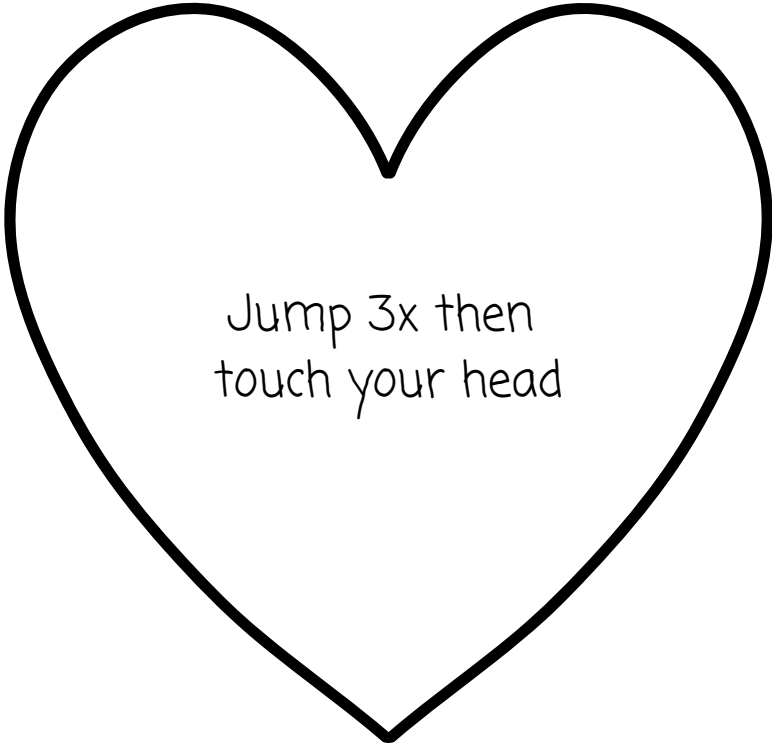


Directions


- Print the following hearts onto colored paper. There is 1 page of blank hearts to make your own. Cut.
- Place them face down in a heart shape on the floor
- Play music and have your child(ren) walk around the hearts
- When the music stops, have each child flip over and complete the activity

Target Concepts

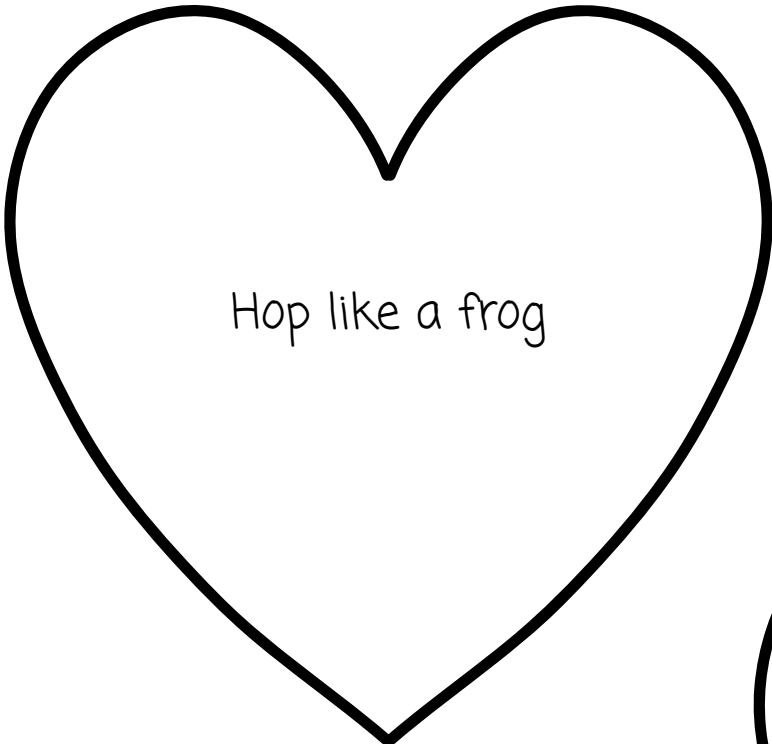
- Following directions
- Executive Functioning- inhibition, planning
- Receptive Language
- Expressive Language
- Social Skills



Jump 3x then
touch your head



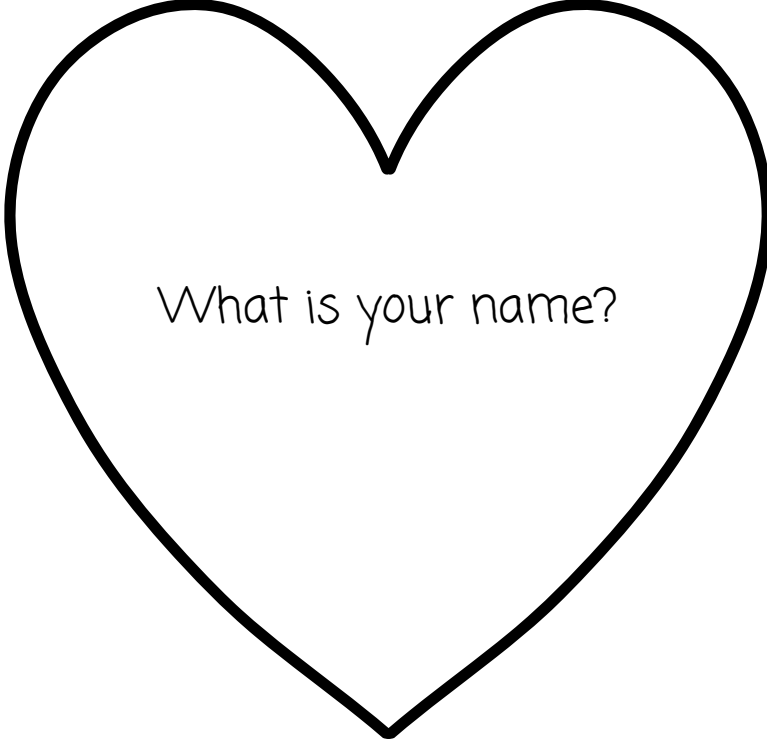
Sing 1 song




Hop like a frog



Crawl like a bear



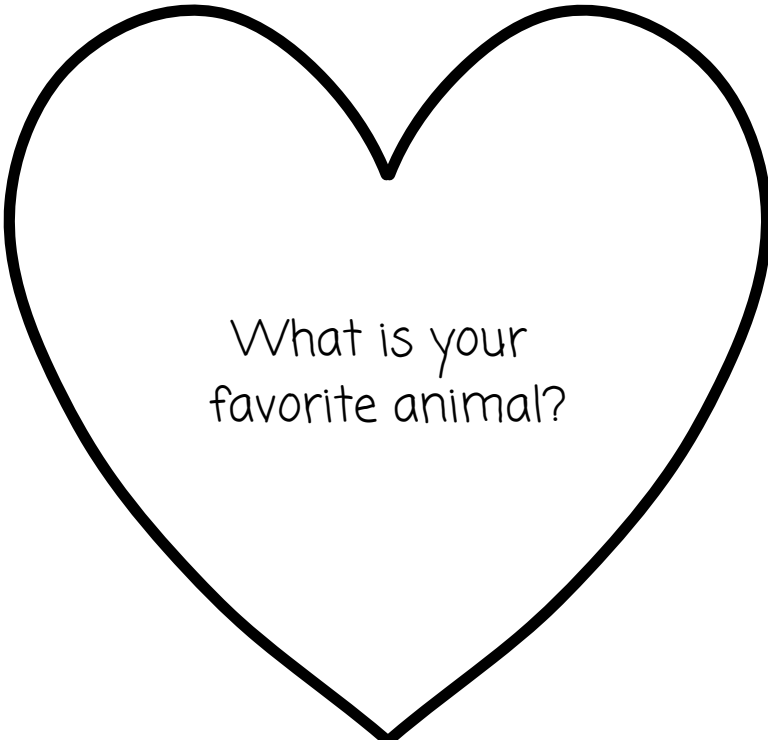
What is your name?




How old are you?




Do you have siblings?




What is your
favorite animal?




What holiday are
we celebrating?



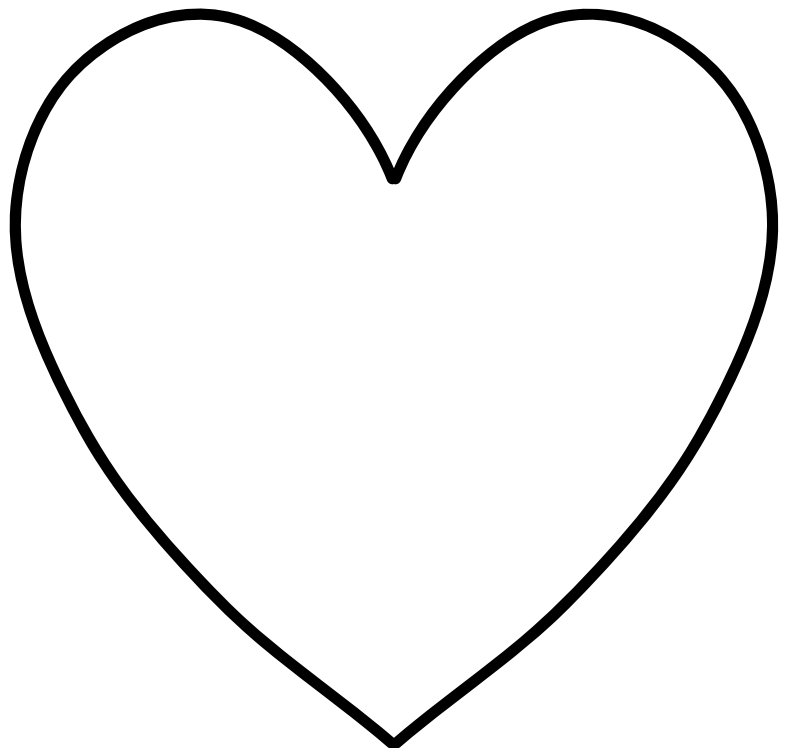
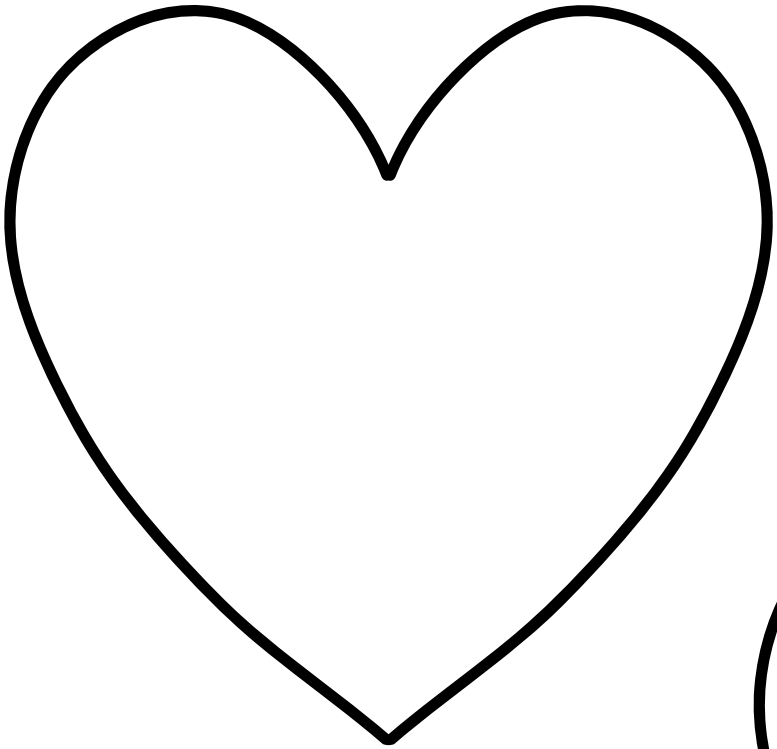
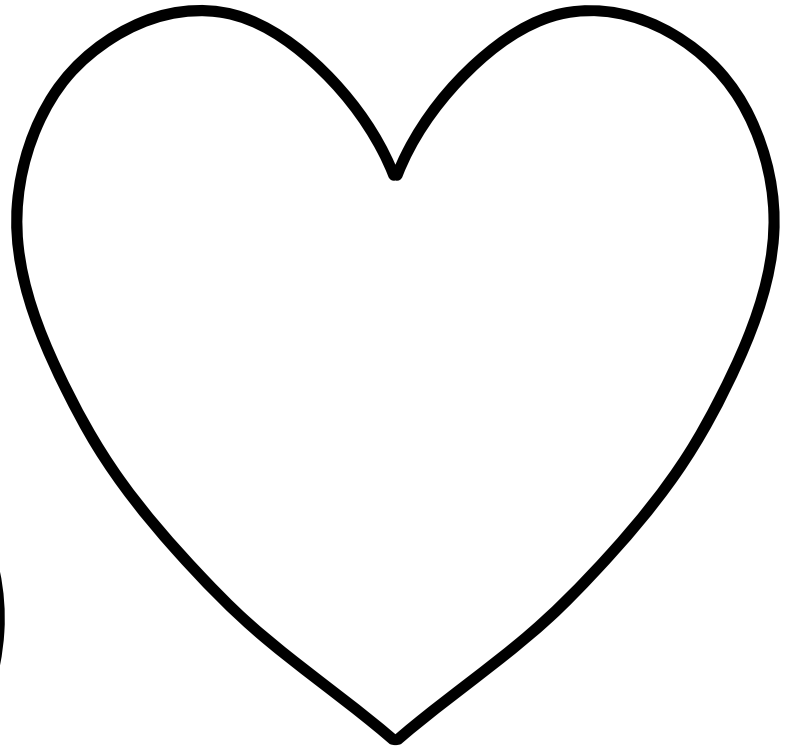
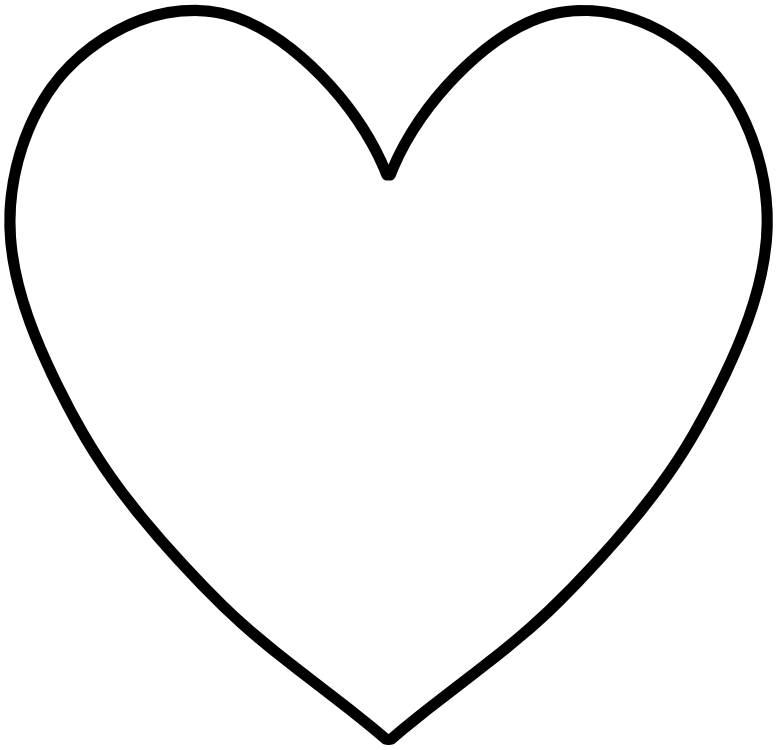
Show me your head,
shoulders, knees
& toes



What is 1 sweet
treat you like?



Ask me (or a neighbor)
a question.



Information Disclaimer

The content, images, materials, and information provided on this website is only intended to be general summary information to the public. It is not intended to take the place of either the written law or regulations. It should not be viewed as medical, financial, legal, or professional advice of any sort. We will do our best to confirm the accuracy of all information that appears on our website but cannot guarantee accuracy, reliability, or timeliness. All recommendations are made without guarantee or warranty. We make no representations or warranties of any kind, express or implied, about the completeness, accuracy, reliability, suitability or availability with respect to the website or the information, products, services, or related graphics contained on the website for any purpose. Any reliance you place on such information is therefore strictly at your own risk.

We cannot predict and do not guarantee that you will attain a particular result from the information provided in or through this website, and you accept and understand that results differ for each individual. Each individual's results depend on his or her unique background, traits, dedication, desire, motivation, resources, actions, and many other factors. You fully agree that there are no guarantees as to the specific outcome or results that you can expect from using the information you receive on or through this website.

