



Park Review



Do your kids love to go to the park?

Try this simple, no prep discussion activity next time you go.

This will help build expressive vocabulary, conversational skills, executive functioning skills, and more!

Park Review

Name the Park

- Pick the park you are going to and have your children find out the name of it (if they do not know it already)
- Help them identify some spots where they may find its name when you arrive
- Try to use open-ended questions or “wonderings” rather than giving them the answer

Compare & Contrast

- Pick another park that your children like to go to (or another outside activity, if needed)
- Have them name similarities and differences between the two places/activities

3 Favorite Things

- When you leave, ask your children to describe their 3 favorite things at the park
- If they struggle to come up with 3, wait and give them time to think
- If needed, prompt them with phrases like “you seemed to like the thing that spun” or “you raced your sister...” to encourage them to name/describe rather than you doing it for them

3 Ways the Park Could be Improved

- After they complete the compare & contrast, have them think of some ways the park they went to today could be improved
- Many people think “improvement” means focusing on the *negative* aspects, which is true, but we can help them develop the ability to reflect and verbalize the need for change in a “low stakes” environment

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References:

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